THE CHRISTIAN SCIENCE ZONE

STIMMING JIM
HELPS HIGHLIGHT BULLSHIT

WELC ME!

THE CHRISTIAN SCIENCE ZONE

This zine's title is inspired by a comment by Contributor Chrystal found at https://exchristianscience.com/2017/05/07/silent-abuse-through-osmosis/

trauma is on the air

"Imagine a world where what you see, what you hear, what you smell, touch, and taste were predetermined by a long dead leader who reveled in all of the above and in fact profited off telling her adopted kin that these things essentially do not exist."

— Zosh, Silent Abuse Through Osmosis, *The Ex-Christian Scientist*
https://exchristianscience.com/2017/05/07/silent-abuse-through-osmosis/

"A leader who suffered loss early in her life ... My theory is that she [Eddy] never left the first stage of grief. Then passed it on to generations upon generations of people. Giving them the insatiable desire to want, to need, to have, to hold."

— Zosh, Silent Abuse Through Osmosis, *The Ex-Christian Scientist*
https://exchristianscience.com/2017/05/07/silent-abuse-through-osmosis/

"'"You unlock this door with the key of denial. Beyond it is another book – a dimension where there is no physical sense, no sound, no sight. it is a dimension of mind. You're moving into a land of both shadow and substance, where things become ideas. You've just crossed over into : The Christian Science Zone."'" — Contributor Chrystal on *The Ex-Christian Scientist*, https://exchristianscience.com/2017/05/07/silent-abuse-through-osmosis/

white supremacy? eddy sure delivers

"In fact, Mary Baker Eddy followed a heretical teaching that claims that the “Anglo-Saxon race” were the real lost tribes of Israel, and that the English and white Americans were the chosen people of God. "

-- The ExCS, Mary Baker Eddy on Race and Slavery, *The Ex-Christian Scientist*, https://exchristianscience.com/2020/06/24/mary-baker-eddy-on-race-and-slavery/

run for your Life

"Although I’d been to divinity school, it had never occurred to me to simply accept God’s infinite love during an illness. I tried this, and the results were astonishing. I felt perfectly well the next day, and even went on a seven-mile hike! … Usually I would rest for two or three days after this kind of thing. … I read the rest of Science and Health and thought it was wonderful. I’m one of those people for whom Mary Baker Eddy’s writing just clicks. … I was having a really hard time connecting with church members. … I met formally with the Director of Membership, a kindly man who had taken me under his wing. The introductory conversation was a disaster. I thought the room was spinning. … First, he told me that people can’t be members if they choose to go the “medical route”."

-- The ExCS, "I stumbled out of that conversation, and never want back", https://exchristianscience.com/2021/03/07/i-stumbled-out-of-that-conversation-and-never-went-back/

have doubt? here's free gaslighting!

"i can't seem to find comfort in christian science anymore. it is so shallow and so ignorant. has anyone ever been there, and where did you go: leave christian science or somehow get back to it?" -- [C1]

"Oh, [C1], your story resonates so closely with me! My dad also had long-term issues with both physical and mental health, and he refused to seek medical help even when he received no help from CS and practitioners. Over the course of 10 years or more he stayed in great pain, and eventually had his leg amputated, yet still refused medical care unless others intervened. I don't think that this is what Mrs. Eddy had in mind when she taught CS to others. In S&H [*Science and Health with Key to the Scriptures*] pp. 443-444 she seems to be saying that if healing doesn't come quickly through CS, it's okay to seek help through other sources, that God will still guide us "into the right use of temporary and eternal means."..." -- [C2]

"[C2], I think you want to watch against blaming the victim, and not making into a competition of who has the greatest sense of suffering, thereby adding to the suffering rather than lessening it. Focus on the light of all your father was and is, not the darkness of mortality...I deny what you said, that your father wasn't doing any good. I don't know the situation like you do, but I would declare that he was doing good, each and every day, that he was expressing love, each and every day. Look for the light and the love that was there all along." -- [C3]

- excerpted from "how do i leave christian science behind?" on Time4Thinkers forums. Names redacted.

feeling ashamed because you might have gotten hoodwinked?

You're far from alone! Shame, as well as other overwhelming, dysphoric, indescribable feelings, are common upon finding out that one's been badly betrayed, and *then* some!